

# ***Practical Horsemanship and Trail Obstacle Clinic***

***Learn to sensitize your horse, build trust, and effectively  
desensitize so you are prepared for any  
situation on the trail or in the arena***

Presented by VS Equine, LLC

Ruth Van Sweden-Altes, Clinician

Running I Ranch – Dunnigan, CA

Home of the Ultimate Trail Course!

**April 25 -26, 2026**

Rain Dates: May 2-3, 2026

- ✚ Develop lightness and finesse in your cues
- ✚ Learn to execute pressure yielding ground exercises
- ✚ Learn to effectively maneuver all 4 quadrants of your horse to maximize control in any situation
- ✚ Apply practical horsemanship techniques to any discipline of riding
- ✚ Retrain horses' natural reaction of a fearful encounter
- ✚ Apply horsemanship to onsite obstacle course
- ✚ Creative and fun exercises to develop confidence in horse and rider.



## **Reservations required for overnight pens**

**No fee for camping at your trailer**

**Pens must be paid with final fee upon  
arrival to the clinic**

To reserve pens email: [kcottini14@gmail.com](mailto:kcottini14@gmail.com)  
or text 530-227-4335



**For more information on Ruth Van Sweden-Altes  
please check our web site: [vsequine.com](http://vsequine.com)**

**Application for clinic available at [vsequine.com](http://vsequine.com)**

**\$500 for two-day clinic**

**\$250 deposit due by March 1<sup>st</sup> with registration**

***Auditors welcome – \$25/day or \$40/weekend***

***Maximum 15 riders***



***Send registration form and deposit  
to: Kristy Cottini, P.O. Box 392  
Bella Vista, CA 96008  
Make checks payable to VS Equine***